* Tulare County Mental Health: 559-788-1200

Address: 1055 W Henderson Ave #2, Porterville, CA 93257

* Alternative Service Inc: 559-783-2320

Address: 215 N D Street, Porterville CA 93257

Website:<https://tulare.networkofcare.org/mh/services/agency.aspx?pid=alternativeservicesporterville_185_2_0>

* Alternative Services- Main Office: 559-651-8090

Address: 2380 W Whitendale Ave, Visalia, CA 93277

Office hours: 9AM – 6PM

* Kaweah Health Mental Hospital: 559-624-3300

Address: 1100 S Akers St, Visalia, CA 93277

Office hours: Monday to Friday from 8:30AM – 5PM

* Tulare County Office of Education - Behavioral Health Services: 559-730-2969

Address: 1830 S Central St, Visalia, CA 93277

Office hours: Monday to Friday from 8AM – 5PM

* Turning Point: 559-732-8086

Address: 615 S Atwood St, Visalia, CA 93277

Office hours: Monday to Friday from 8AM – 5PM

Website: <https://www.tpocc.org/>

* Turning Point: 559-627-2046

Address: 201 N Court St, Visalia, CA 93291

Office hours: Monday to Friday from 8AM – 5PM

* Visalia Wellness Center: 559-931-1001

Address: 1223 S Lovers Ln, Visalia, CA 93292

Office hours: Monday to Friday from 8:30AM – 5:30PM

* NAMI Tulare County: 559-967-6168

Office hours: Monday to Friday from 8AM – 2:30PM

* California Hope: **(833) 317-HOPE (4673)**

**Hours of operation: Monday to Friday from 7AM – 11PM**

* Central Valley Suicide Prevention Hotline: (888) 506-5991
* Dept. Of Health Care Services (Medi-Cal): (888) 452-8609
* LGBT Elder Hotline – SAGE: (877) 360-5428
* National Suicide Prevention Hotline: (800) 273-8255
* for teens: (310) 855-4673
* for LGBTQ youth: (866) 488-7386
* for Transgender individuals: (877) 565-8860
* for death or hard of hearing: (800) 799-4889
* Substance Use (county): (800) 654-3937
* The Friendship Line (60+ yrs): (800) 971-0016
* Disaster Distress Line**: 1-800-985-5990**
* National Alliance on Mental Illness (Fresno): (559) 224-2469
* Website: https://namifresno.org/resources/
* [Urgent Care Wellness Center (Psychiatric Services)](http://www.co.fresno.ca.us/Departments.aspx?id=120)**: (559) 600-9171**
* **Exodus Crisis Stabilization Center (Adults): (559) 512-8335**
* **Exodus Crisis Stabilization Center (Child/Youth): (559)5 12-8700**
* **Exodus Psychiatric Health Facility:  (559) 453-5199**
* [Community Behavioral Health Center](https://www.communitymedical.org/hospitals-facilities/Community-Behavioral-Health-Center)**: (559) 449-8000**
* [Central Star Youth Psychiatric Health Facility](http://www.starsinc.com/): (**559) 600-2382**
* [**First Onset Team (First Psychosis – DBH):** (**559-600-4099**](http://www.co.fresno.ca.us/DepartmentPage.aspx?id=378&terms=department+of+adult+services))