**SENIOR NUTRITION PROGRAM**

Daily noontime meals for anyone 60 years and older at several sites located throughout Kern County.

* 24-Hour prior reservations may be required.
* A donation is requested.
* Some sites provide free or low-cost transportation to and from the site.

Website: <https://www.kerncounty.com/government/aging-adult-services/services/senior-nutrition/senior-nutrition-sites> || <https://www.kerncounty.com/government/aging-adult-services/services/senior-nutrition/senior-nutrition-menus> (menus)

**Bakersfield**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Bakersfield Senior Center [530 "4th" St.](https://maps.google.com/maps?q=530+%224th%22+St.,+Bakersfield+CA&hl=en&sll=35.208985,-118.818984&sspn=0.032084,0.066047&hnear=530+4th+St,+Bakersfield,+California+93304&t=m&z=17) | (661) 325-7205 (661) 325-1113 | 9:00 - 2:00 | 11:45 M-F |
| Ben Austin Greenfield Senior Center [1751 McKee Rd.](https://maps.google.com/maps?q=1751+McKee+Rd,+Bakersfield+CA&hl=en&sll=35.130168,-117.946601&sspn=0.008029,0.016512&hnear=1751+McKee+Rd,+Bakersfield,+California+93307&t=m&z=17) | (661) 834-9041 | 8:00 - 2:00 | 11:30 M-F |
| East Niles Senior Center [6601 Niles St.](https://maps.google.com/maps?q=6601+Niles+St,+Bakersfield,+CA&hl=en&sll=35.375582,-118.930667&sspn=0.008004,0.016512&oq=6601+Niles+St,+Baker&hnear=6601+Niles+St,+Bakersfield,+California+93306&t=m&z=17) | (661) 363-8910 | 9:00 - 2:00 M 9:00 - 1:30 T 9:00 - 4:00 W, Th 9:00 - 3:00 F | 12:00 M-F |
| Greenacres Community Center [2014 Calloway Dr.](https://maps.google.com/maps?q=2014+Calloway+Dr,+Bakersfield,+CA&hl=en&sll=35.375582,-118.930667&sspn=0.008004,0.016512&hnear=2014+Calloway+Dr,+Bakersfield,+California+93312&t=m&z=17) | (661) 392-2010 | 8:00 - 1:00 | 11:30 M-F |
| Rasmussen Senior Center [115 E. Roberts Ln.](https://maps.google.com/maps?q=115+E.+Roberts+Ln,+Bakersfield,+CA&hl=en&sll=35.378392,-119.11008&sspn=0.008004,0.016512&hnear=115+E+Roberts+Ln,+Bakersfield,+California+93308&t=m&z=17) | (661) 392-2030 | 8:00 - 5:00 | 12:00 M,W,Th 11:30 T,F |
| Richard Prado East Bakersfield Senior Center [2101 Ridge Rd.](https://maps.google.com/maps?q=2101+Ridge+Rd,+Bakersfield,+CA&hl=en&sll=35.378392,-119.11008&sspn=0.008004,0.016512&oq=2101+Ridge+Rd&hnear=2101+Ridge+Rd,+Bakersfield,+California+93305&t=m&z=17) | (661) 342-8225 | 8:00 - 2:00 | 12:00 M-F |

**California City**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| California City Senior Center [10221 Heather Ave.](https://maps.google.com/maps?q=10221+Heather+Ave,+California+City,+Calif&hl=en&sll=35.361932,-119.008758&sspn=0.008006,0.016512&oq=10221+Heather+Ave,+Cali&hnear=10221+Heather+Ave,+California+City,+California+93505&t=m&z=17) | (760) 373-1006 | 10:00 - 1:30 | 12:00 M-F |

**Delano**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Delano Community Center [436 Jefferson St.](https://www.kerncounty.com/?splash=https%3a%2f%2fgoo.gl%2fmaps%2fLjYUYkyt1nz&____isexternal=true) | (661) 746-7838 | 9:00 - 1:30 | 11:30 M-Th 11:00 F |

**Lake Isabella**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Kern River Valley Senior Center [6401 Lake Isabella Blvd.](https://maps.google.com/maps?q=6401+Lake+Isabella+Blvd,+Lake+Isabella,+CA&hl=en&sll=35.644269,-117.813631&sspn=0.007978,0.016512&oq=6401+Lake+Isabella+Blvd,+&hnear=6401+Lake+Isabella+Blvd,+Lake+Isabella,+Kern+County,+California+93240&t=m&z=17) | (760) 379-5831 | 8:00 - 2:00 | 11:30 M-F |

**Lamont**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Lamont Senior Center [10300 San Diego St.](https://maps.google.com/maps?q=10300+San+Diego+Street,+Lamont,+CA&hl=en&sll=35.628736,-118.473836&sspn=0.007979,0.016512&oq=10300+San+Diego+St&hnear=10300+San+Diego+St,+Lamont,+California+93241&t=m&z=17) | (661) 845-0938 | 9:00 - 1:00 | 12:00 M-F |

**Ridgecrest**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Ridgecrest Senior Center [125 S. Warner](https://maps.google.com/maps?q=125+S+Warner+St,+Ridgecrest,+CA&hl=en&sll=35.261565,-118.919857&sspn=0.008016,0.016512&oq=125+S.+Warner&hnear=125+S+Warner+St,+Ridgecrest,+California+93555&t=m&z=17) | (760) 375-5438 | 8:00 - 2:00 | 12:00 M-F |

**Rosamond**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Rosamond Senior Center (Hummel Hall) [2500 "20th" St West](https://maps.google.com/maps?q=2500+20th+St+West,+Rosamond,+CA&hl=en&sll=35.62158,-117.674454&sspn=0.00798,0.016512&oq=2500+%2220th%22+St+West&hnear=2500+20th+St+W,+Rosamond,+California+93560&t=m&z=17) | (661) 256-0557 | 8:00 - 3:00 | 12:00 M-F |

**Shafter**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Shafter Senior Center [505 Sunset Ave.](https://maps.google.com/maps?q=505+Sunset+Ave,+shafter+ca&hl=en&sll=34.857206,-118.167055&sspn=0.008056,0.016512&hnear=505+Sunset+Ave,+Shafter,+California+93263&t=m&z=17) | (661) 746-7838 | 7:30 - 2:30 | 11:45 M-F |

**Taft**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Taft Senior Center [500 Cascade Pl.](https://maps.google.com/maps?q=500+Cascade+Place,+Taft,+CA&hl=en&sll=35.50554,-119.275475&sspn=0.007992,0.016512&oq=500+Cascade+Pl&hnear=500+Cascade+Pl,+Taft,+California+93268&t=m&z=17) | (661) 763-1535 | 8:00 - 2:00 | 11:30 M-F |

**Tehachapi**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Tehachapi Senior Center [500 E. "F" St.](https://maps.google.com/maps?q=500+East+F+Street,+Tehachapi,+CA&hl=en&sll=35.144793,-119.467568&sspn=0.008027,0.016512&oq=500+E.+%22F%22+St,+teha&hnear=500+E+F+St,+Tehachapi,+California+93561&t=m&z=17) | (661) 822-6255 | 9:00 - 1:00 | 12:00 M-F |

**Wasco**

| LOCATION | PHONE | HOURS | LUNCH HOUR |
| --- | --- | --- | --- |
| Wasco Senior Center [1280 Poplar Ave.](https://www.google.com/maps/place/1280+Poplar+Ave,+Wasco,+CA+93280/@35.588059,-119.3467982,17z/data=!3m1!4b1!4m5!3m4!1s0x80eafebf12714583:0x897339d87c52303b!8m2!3d35.588059!4d-119.3446095?hl=en) | (661) 758-2755 | 10:00 - 1:00 | 11:25 M-F |

**Meals on Wheels**

Website: <https://www.kerncounty.com/government/aging-adult-services/services/senior-nutrition/meals-on-wheels>

**Application**

Fill out the Intake Referral form that can be found at <https://www.kerncounty.com/government/aging-adult-services/services/senior-nutrition/senior-nutrition-intake-form>

* Points of Contact:

**Kristian Besnard**  
(661) 868-0902   
[besnardk@kerncounty.com](mailto:besnardk@kerncounty.com)

* Golden Empire (Bakersfield, Lamont, Arvin, Buttonwillow)
* Desert Areas (California City, Mojave, Ridgecrest, Rosamond, Tehachapi)

**Katrecia Short**  
(661) 868-0973  
[shortka@kerncounty.com](mailto:shortka@kerncounty.com)

* Kern River Valley (Lake Isabella, Wofford Heights, Weldon, Bodfish, Onyx, Kernville, Mount Mesa, Southlake)
* North Kern (Delano, Shafter, Wasco)
* West Kern (Taft, Maricopa)

**Supplemental Food Assistance**

Supplemental Food Assistance is a [California Department of Aging (CDA) program](https://www.kerncounty.com/government/aging-adult-services/services/senior-nutrition/cda-info).

Website: <https://www.kerncounty.com/government/aging-adult-services/services/senior-nutrition/supplemental-food-assistance>

* [**Golden Empire Gleaners, Inc. - Senior Sack Program**](https://www.kerncounty.com/?splash=https%3a%2f%2fwww.goldenempiregleaners.com%2fsenior-sack&____isexternal=true)  
  (661) 324-2767
* Provides low-income seniors 60 years of age and older with two bags of groceries twice a month. A one-time $2.00 membership registration is required. Call for the location nearest you.
* [**Kern County Food Bank, Inc.**](https://www.kerncounty.com/?splash=http%3a%2f%2fwww.capk.org%2fprograms%2ffood-bank%2f&____isexternal=true) (provided by Community Action Partnership of Kern)  
  (661) 398-4520
* Distributes Government surplus food to low-income individuals on a monthly basis. Presentation of two-year pre-registration card plus current address is required. Pre-registration card available by presenting current food stamp card or verification of income. Call for information on the next distribution date and location. Some home-delivery available. Emergency food boxes for seniors also available.

**Food Bank/ Food Pantries**

* Community Action Partnership of Kern Food Bank

[Address](https://www.google.com/search?rlz=1C1CHBF_enUS969US969&sxsrf=AOaemvJYi9xHpXsRLykVSb8z0IuolkO1xA:1640727678500&q=capk+food+bank+address&ludocid=1080620398195433955&sa=X&ved=2ahUKEwjdkbnzuof1AhV0HzQIHRz5D_oQ6BN6BAgMEAI): 1807 Feliz Dr, Bakersfield, CA 93307

[Hours](https://www.google.com/search?rlz=1C1CHBF_enUS969US969&sxsrf=AOaemvJYi9xHpXsRLykVSb8z0IuolkO1xA:1640727678500&q=capk+food+bank+hours&ludocid=1080620398195433955&sa=X&ved=2ahUKEwjdkbnzuof1AhV0HzQIHRz5D_oQ6BN6BAgOEAI): Monday to Friday from 8AM – 4PM

Health & safety: Appointment required

[Phone](https://www.google.com/search?rlz=1C1CHBF_enUS969US969&sxsrf=AOaemvJYi9xHpXsRLykVSb8z0IuolkO1xA:1640727678500&q=capk+food+bank+phone&ludocid=1080620398195433955&sa=X&ved=2ahUKEwjdkbnzuof1AhV0HzQIHRz5D_oQ6BN6BAgPEAI): [(661) 398-4520](https://www.google.com/search?q=kern%20county%20food%20banks&rlz=1C1CHBF_enUS969US969&oq=kern+county+food+banks&aqs=chrome..69i57j0i22i30l2.3192j0j7&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&sxsrf=AOaemvKOZw7Y5yiClH9Mu5hTsY8ctIZe-w:1640727658281&rflfq=1&num=10&rldimm=924102340376595162&lqi=ChZrZXJuIGNvdW50eSBmb29kIGJhbmtzSL3EhqiGrYCACFokEAIQAxgCGAMiFmtlcm4gY291bnR5IGZvb2QgYmFua3MqAggDkgEJZm9vZF9iYW5rqgEcCggvbS8wMndibRABKg4iCmZvb2QgYmFua3MoAA&ved=2ahUKEwjlrfrpuof1AhUGHM0KHVE_DAsQvS56BAgMEDw&rlst=f)

* Community Action Partnership of Kern Food Distribution Center

Address: 5005 Business Park N, Bakersfield, CA 93309

Phone: [(661) 336-5200](https://www.google.com/search?q=kern%20county%20food%20banks&rlz=1C1CHBF_enUS969US969&oq=kern+county+food+banks&aqs=chrome..69i57j0i22i30l2.3192j0j7&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&sxsrf=AOaemvKOZw7Y5yiClH9Mu5hTsY8ctIZe-w:1640727658281&rflfq=1&num=10&rldimm=924102340376595162&lqi=ChZrZXJuIGNvdW50eSBmb29kIGJhbmtzSL3EhqiGrYCACFokEAIQAxgCGAMiFmtlcm4gY291bnR5IGZvb2QgYmFua3MqAggDkgEJZm9vZF9iYW5rqgEcCggvbS8wMndibRABKg4iCmZvb2QgYmFua3MoAA&ved=2ahUKEwjlrfrpuof1AhUGHM0KHVE_DAsQvS56BAgMEDw&rlst=f)

Hours of operation: 8AM – 5PM

* County Food Programs

Address: 530 4th St, Bakersfield, CA 93304

Phone: [661) 325-7205](https://www.google.com/search?q=kern%20county%20food%20banks&rlz=1C1CHBF_enUS969US969&oq=kern+county+food+banks&aqs=chrome..69i57j0i22i30l2.3192j0j7&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&sxsrf=AOaemvKOZw7Y5yiClH9Mu5hTsY8ctIZe-w:1640727658281&rflfq=1&num=10&rldimm=924102340376595162&lqi=ChZrZXJuIGNvdW50eSBmb29kIGJhbmtzSL3EhqiGrYCACFokEAIQAxgCGAMiFmtlcm4gY291bnR5IGZvb2QgYmFua3MqAggDkgEJZm9vZF9iYW5rqgEcCggvbS8wMndibRABKg4iCmZvb2QgYmFua3MoAA&ved=2ahUKEwjlrfrpuof1AhUGHM0KHVE_DAsQvS56BAgMEDw&rlst=f)

Hours of operation: 8AM – 2PM

* United Way of Kern County- Food Distribution Center

Address: 5405 Stockdale Hwy, Bakersfield, CA 93309

Phone number: [(661) 834-2962](https://www.google.com/search?q=kern%20county%20food%20banks&rlz=1C1CHBF_enUS969US969&oq=kern+county+food+banks&aqs=chrome..69i57j0i22i30l2.3192j0j7&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&sxsrf=AOaemvKOZw7Y5yiClH9Mu5hTsY8ctIZe-w:1640727658281&rflfq=1&num=10&rldimm=924102340376595162&lqi=ChZrZXJuIGNvdW50eSBmb29kIGJhbmtzSL3EhqiGrYCACFokEAIQAxgCGAMiFmtlcm4gY291bnR5IGZvb2QgYmFua3MqAggDkgEJZm9vZF9iYW5rqgEcCggvbS8wMndibRABKg4iCmZvb2QgYmFua3MoAA&ved=2ahUKEwjlrfrpuof1AhUGHM0KHVE_DAsQvS56BAgMEDw&rlst=f)

* Bakersfield Pet Food Pantry

Address: 4500 Shepard St, Bakersfield, CA 93313

Phone: [(661) 369-1222](https://www.google.com/search?q=kern%20county%20food%20banks&rlz=1C1CHBF_enUS969US969&oq=kern+county+food+banks&aqs=chrome..69i57j0i22i30l2.3192j0j7&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&sxsrf=AOaemvKOZw7Y5yiClH9Mu5hTsY8ctIZe-w:1640727658281&rflfq=1&num=10&rldimm=924102340376595162&lqi=ChZrZXJuIGNvdW50eSBmb29kIGJhbmtzSL3EhqiGrYCACFokEAIQAxgCGAMiFmtlcm4gY291bnR5IGZvb2QgYmFua3MqAggDkgEJZm9vZF9iYW5rqgEcCggvbS8wMndibRABKg4iCmZvb2QgYmFua3MoAA&ved=2ahUKEwjlrfrpuof1AhUGHM0KHVE_DAsQvS56BAgMEDw&rlst=f)

* The Salvation Army Bakersfield Corps Community Center

Address: 4417 Wilson Rd, Bakersfield, CA 93309

Phone: [(661) 837-4243](https://www.google.com/search?q=kern%20county%20food%20banks&rlz=1C1CHBF_enUS969US969&oq=kern+county+food+banks&aqs=chrome..69i57j0i22i30l2.3192j0j7&sourceid=chrome&ie=UTF-8&tbs=lf:1,lf_ui:2&tbm=lcl&sxsrf=AOaemvKOZw7Y5yiClH9Mu5hTsY8ctIZe-w:1640727658281&rflfq=1&num=10&rldimm=924102340376595162&lqi=ChZrZXJuIGNvdW50eSBmb29kIGJhbmtzSL3EhqiGrYCACFokEAIQAxgCGAMiFmtlcm4gY291bnR5IGZvb2QgYmFua3MqAggDkgEJZm9vZF9iYW5rqgEcCggvbS8wMndibRABKg4iCmZvb2QgYmFua3MoAA&ved=2ahUKEwjlrfrpuof1AhUGHM0KHVE_DAsQvS56BAgMEDw&rlst=f)

Hours of operation: Monday to Friday from 9AM – 4PM

**CalFresh/ CalWorks**

**Application**

* **Online**

Go to <https://benefitscal.com/> or <https://www.getcalfresh.org/> to create a profile and apply.

* **Telephone**
* Call 800-540-6880 for more information and to request an application.

Hours of operation: Monday to Friday, 8AM – 5PM

* Human Service Agency Call Center: 1-877-410-8813